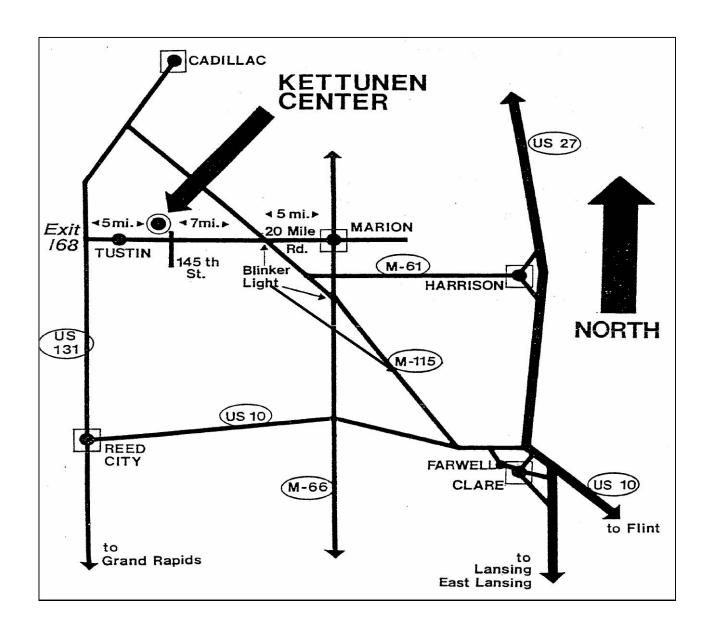
DIRECTIONS TO KETTUNEN CENTER

14901 4-H Drive, Tustin, Michigan 49688-9470 (231) 829-3421 Further information on back



APPROXIMATE DISTANCES TO KETTUNEN CENTER FROM:

Alpena	150 miles	Gaylord	85 miles	Lansing	122 miles
Detroit	195 miles	Grand Rapids	98 miles	Marquette	295 miles
Escanaba	275 miles	Kalamazoo	145 miles	Sault Ste. Marie	185 miles
Flint	135 miles				

FROM SOUTHEAST MICHIGAN:

Take I-75 North to Bay City, go West on U.S. 10 to Clare. After you merge with U.S. 27 (just past Clare), stay in right lane and follow U.S. 10 to M-115 (Cadillac) exit. Stay on M-115 for 25 miles then turn left at 20 Mile Road (with yellow blinker) towards Tustin. Travel about 8 miles to 145th Avenue and turn right. Follow road around to the left into Kettunen Center.

FROM LANSING:

Take U.S. 27 North just past Clare to U.S. 10 West. Travel about 8 miles to M-115 (Cadillac) exit, turn right. Stay on M-115 for 25 miles then turn left at 20 Mile Road (with yellow blinker) towards Tustin. Travel about 8 miles to 145th Avenue and turn right. Follow road around to the left into Kettunen Center.

FROM GRAND RAPIDS AREA:

Take U.S. 131 North (approximately 90 miles) to Exit 168 (Tustin). Go right 5 miles to 145th Avenue (just past Center Lake Bible Camp). Turn left. Follow road around to the left into Kettunen Center.

FROM THE NORTH:

Take I-75 South to U.S. 27 South to M-55 West into Cadillac. Go South on Business U.S. 131 (this turns into U.S. 131). Go about 8 miles to Exit 168 (Tustin). Turn Left (east) 5 miles to 145th Avenue (just past Center Lake Bible Camp). Follow road around to the left into Kettunen Center.

Kettunen Center Activities

The Kettunen Center is located on Center Lake which has a nice beach for swimming in the summer. Canoes and kayaks are available - see the front desk. NOTE: No lifeguard is on duty - use beach/canoes/kayaks at your own risk. The lake is good for ice fishing in the winter. There are also a number of hiking/biking trails open for guest use - see the front desk for a trail map. The trails are used for cross-country skiing in the winter. Skis are available at the front desk.

Local Gyms

Cimmerian Gym	412 S. Mitchell (main street)	775-4751
Jazzercise	202 Blossom Ave.	775-4735
Pine Grove Club	8179 S. Mackinaw Trail	775-9908

Movie Theaters

Cadillac 1 & 2 Theaters 202 S. Mitchell (downtown) 775-4357

Hospital

Mercy Hospital 400 Hobart Street 876-7200

(north on US 131 into Cadillac, just past first traffic light on right is Hobart street)

Dentists

Dental Health Prof. 7800 US 131 775-9797 Dr. Robert Gould 929 S. Mitchell 775-7881 Dr. Carl Meier 909 Carmel Street 775-8281

Golf Courses

There are many golf courses within reasonable driving distance of the Kettunen Center. Check the Cadillac area telephone directory for a complete listing.

Area Churches

There are many churches within reasonable driving distance of the Kettunen Center. Check the Cadillac area telephone directory for a complete listing.